










**Location:**  
Caswell Senior Center

**Activities:** 10:00 AM

**Lunch:** 11:30 AM

# OCTOBER 2023

## Senior Center Golden Friends

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Chair Exercises 	<b>3</b> April Herring "Things We Face As We Age" <i>Blood Pressure Checks</i>	<b>4</b>  Movie Day <i>Major Payne</i> w/ Damon Wyans	<b>5</b> 	<b>6</b> Ping Pong Challenge 
<b>9</b> Let's Travel with Columbus 	<b>10</b> Brenda Daye Carolina Enhancement "The Way It Was"	<b>11</b> 	<b>12</b> A Visit To The Library	<b>13</b> Medicare Updates w/ Desiree
<b>16</b> Let's See Who's the Boss	<b>17</b> Dominoes Challenge <i>State Fair</i>	<b>18</b> Breast Cancer Awareness Wear Pink! 	<b>19</b> Devotion w/ Evangelist Ruby Hines	<b>20</b> Line Dancing 
<b>23</b> Birthday 	<b>24</b> Crafts w/ Savannah & Doris	<b>25</b> Game Day <i>Early Lunch!</i> <i>11:00 am</i>	<b>26</b> Quentin Walton Fulton/Walton Funeral Home	<b>27</b> Making Thanksgiving Cards for MOW's
<b>30</b> Halloween Costume Contest	<b>31</b> Betty Turner and The Senior Clef Singers		Call 336-694-7447 For Additional Information	