

Caswell Senior Center

The mission of the Caswell Senior Center is to enrich the lives of Caswell senior adults by responding to their diverse needs and interests.

Gadabout Travel News



April 22

American Ingenuity. Eccentric Architecture. Victorian Culture.

Lace up your comfortable shoes and join us on a travel adventure to Körner's Folly! Built in 1880 in Kernersville, North Carolina, the house originally served to display the interior design portfolio of Jule Gilmer Körner. Visitors can now explore the 22 room house museum and its unique original furnishings and artwork, cast-plaster details, carved woodwork, and elaborate hand laid tile.

We will receive a private guided tour of the mansion. We will leave the Senior Center at 9:00am on Monday, April 22nd. Cost will be \$25.00 (for entry into the house and transportation) per person. Lunch will be on your own at a local restaurant. Registration opens on Friday, April 5th at 8:30 am. (Please be advised there are some stairs to be navigated.)



Norfolk Sightseeing Signature Lunch Cruise

May 8

Back by popular demand, we're cruising! Enjoy views of the mighty Atlantic Fleet, live entertainment, an all-you-can-eat buffet, 3 games of bingo, prizes for winners, and music to remember from your era. Cost is \$70.00 per person for cruise and transportation. We will leave the Senior Center at 7:30am on Wednesday, May 8th. We should return by 6:30pm. Registration opens on Monday, April 8, at 8:30am.

MARK YOUR CALENDAR FOR JUNE 17



Notes from Jeannine



Hello and Happy Spring

We have been working tirelessly to get the trips pulled together for you but have run into some unforeseen circumstances that have just slowed us up a bit.

We are still looking at trips to Vermont, Nashville for Christmas which we may adjust a little, Myrtle Beach, and West Virginia Train Trip.

Our day trips will be based on the number of responses we received and will be listed in the newsletter at the end of each quarter.

We appreciate your patience and promise we will have the trips posted in the May newsletter with plenty of time to decide on where you want to go and make your payments on the trips.

Have a wonderful April

Hope to see you soon.

Parking Lot Dance!

April 25th

5:00 PM



Get your goove on and ***DANCE*** with us on Thursday, April 25th

We'll have a live band, food and loads of fun!

Please RSVP to Cindy by April 22nd if you plan to join us

*Live
music*



Senior Services

Information and Referral

Fitness Health Promotion

Senior Games

Transportation Medical/General

Caregiver Classes

Energy Assistance

Medicaid/Medicare Benefits

Job Training Placement, NCBA

Telephone Reassurance

Durable Medical Equipment

Food Distribution

Tax Preparation Counseling

Legal Services

Caregivers Support Program

Congregate/Home Delivered Meals

Insurance Counseling (SHIIP)

Veteran Services

Wig Closet



Hours of Operation:

Monday - Friday

8:00am-5:00pm

336-694-7447

Senior Center Happenings

Breakfast and Conversation

Join us every **4th Wednesday at 9:00 am (April 24)** for coffee and conversation with other Veterans. The senior center sponsors a lite breakfast with coffee and juice to all Veterans. We provide updates that are of interest to Veterans and their families during this time. Breakfast provided by Central Ruritan Club in Yanceyville.



Veterans Service Officer

Our Veterans' Service Officer, Wanda Jones, will only be at the Center **on Wednesday April 17th this month.** Appointments are first come, first serve beginning at 11 am.



Tech Tuesdays with Tyler

Have a question about your phone or tablet or some other digital device? Or the applications that you use on them? Tyler Cobb with Cooperative Extension will be coming to the Senior Center for Tech Drop-in sessions on Tuesday, April 2nd, April 16th and April 30th. This will be a dedicated time (10:00am - 12:00pm) for you to ask questions about your device (phone, computer) and learn the answers. Any and all questions are welcome! Please bring your device with you.



Tyler will also offer two digital services classes at the Senior Center on April 11th and April 25th. Stay tuned for topics. Classes will be begin at 10 am.

Paint Class with Carol

She's back! Carol Dodson will join us on Wednesday, April 17th, for our first Spring paint class. Cost for the class is \$3.00. Registration begins on Monday, April 8th. Class will take place in the dining room.



April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 10:00 Congregate Meets— Devotion w/ Alexander Graves</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p>2 8:30 Fit-4-Life \$\$ 9:00 Choir</p> <p>10:00 Congregate Meets-Egg Hunt w/ Rainbow Daycare</p> <p>10-12 Tech w/ Tyler</p> <p>1:15 Yoga w/Frank\$\$</p>	<p>3 10:00 -Congregate Meets– Board Game Challenge</p>	<p>4 10:00 Congregate Meets— April "Foods"</p> <p>1:15 Yoga w/Frank\$\$</p>	<p>5 8:30 Fit-4-Life\$\$ 9:30 Line Dance</p> <p>10:00 Congregate Meets— Easter Fashion Show</p>
<p>8 10:00 Congregate Meets— Cornhole</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p>9 8:30 Fit-4-Life \$\$ 9:00 Choir</p> <p>9:30 Congregate Meets-Shannon Moretz /Gov't Updates</p>	<p>10 10:00 -Congregate Meets– Checker's Challenge</p>	<p>11 10:00 Congregate Meets— Teresa Cooper/Dementia Health</p> <p>10:00 Class w/ Tyler</p> <p>1:15 Yoga w/Frank\$\$</p>	<p>12 8:30 Fit-4-Life\$\$ 9:30 Line Dance</p> <p>10:00 Congregate Meets— Bingo</p>
<p>15 10:00 Congregate Meets— Horseshoes</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p>16 8:30 Fit-4-Life\$\$ 9:00 Choir</p> <p>10:00 Congregate Meets – Sing-a-Long w/ Lois & Claude</p> <p>10-12 Tech w/ Tyler</p> <p>1:15 Yoga w/Frank\$\$</p>	<p>17 9:00 Advisory Comm 9:30 Paint w/ Carol</p> <p>10:00 Congregate Meets—National Humor Month</p> <p>11-1 Veterans Service Officer</p>	<p>18 10:00 Congregate Meets Debbie Rascoe</p> <p>1:15 Yoga w/Frank\$\$</p>	<p>19 8:30 Fit-4-Life\$\$ 9:30 Line Dance</p> <p>10:00 Congregate Meets— Michelle Waddell/Soc. Serv.</p>
<p>22 10:00 Congregate Meets-Earth Day Origins</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p>23 8:30 Fit-4-Life\$\$ 9:00 Choir</p> <p>10:00 Congregate Meets– Tanillya Patridge/Stress Awareness</p> <p>1:15 Yoga w/Frank\$\$</p>	<p>24 9:00 Veterans Coffee & Conversation</p> <p>10:00 Congregate Meets—Outdoor Games & Walk</p> <p>10:30 Scrapbooking</p>	<p>25 10:00 Congregate Meets Amelia Foster / Caswell History Speaks</p> <p>10:00 Class w/ Tyler</p> <p>1:15 Yoga w/Frank\$\$ 5:00 Parking Lot Dance</p>	<p>26 8:30 Fit-4-Life\$\$ 9:30 Line Dance</p> <p>10:00 Congregate Meets – The History of Pretzels</p>
<p>29 10:00 Congregate Meets—Chair Exercises</p> <p>10:00 T'ai Chi (in craft room)\$\$</p>	<p>30 8:30 Fit-4-Life\$\$ 9:00 Choir</p> <p>10:00 Congregate Meets– B'Day Bingo</p> <p>10-12 Tech w/ Tyler</p> <p>1:15 Yoga w/Frank\$\$</p>			<div style="background-color: #4a90e2; color: white; padding: 10px; text-align: center;"> <p>Follow us on Facebook!</p> <p>"Caswell County Senior Center"</p> </div>