

Location: 649 FireTower Rd.

Caswell Senior Center

Activities: 10:00 AM

Luncheon: 11:30 AM

August 2025

Senior Center Golden Friends

Monday	Tuesday	Wednesday	Thursday	Friday
Follow Us on Facebook Caswell Senior Center				1 Hand Exercises for Arthritis 
4 Table Tennis 	5 STHL Updates with Marilyn & Sylvia 	6 Checkers 	7 Trey w/North Village Joins Us. 	8 Join Us for a Sing-A-Long 
11 Chair Volleyball 	12 Gospel-n-Song w/Darrell Justice 	13 Join Us for a Game of 	14  Benton Cay/BP Checks	15 What Changes have You Seen in Your Lifetime? <i>Lifetime</i>
18 Movie Day "Miracles from Heaven" 	19  with Gail & Family	20 What was Your Occupation? 	21 Let's Celebrate You! Senior Citizen Day 	22 Don't Get Scammed 
25  Bingo	26 Brain Health w/Jodi Hernandez 	27 Dominos 	28  Rock Painting	29 Grief Awareness 