

Location:
Caswell Senior Center
Activities: 10:00 AM
Luncheon: 11:30 AM

March 2023

Senior Center Golden Friends



Monday	Tuesday	Wednesday	Thursday	Friday
Call 336-694-7447 For Additional Information		1 Angela Childers Community Paramedic CPR Tips	2 QUIZ TIME	3 Who was the most influential person in your life? Why?
6 Mini Golf How's your golf game?	7 Devotion with Jelesa Hardin	8 International Women's Day Blood Drive	9 Delicious No Cook Healthy Foods	10 Trivia Challenge
13 Chair Exercises 	14 Crafts with Doris & Savannah	15 Irish Blessing Write Your Own! 	16 Trey w/ North Village Pharmacy	17 St. Patrick's Day BINGO
20 Guess Who Who had this Occupation?	21 Sonya Patterson for National Nutrition Month	22 Medicare Fraud Awareness w/ Desiree	23 Birthday BINGO	24 Prize Walk (like cake walk)
27 Optical Illusions What do you see?	28 Let's Travel to Ireland	29 Dominoes	30 Line Dancing w/ Savannah & Gloria 	31 Jane Allen-Furrow joins us to talk A Healthier You