

Location:
Caswell Senior Center
336-694-7447

Activities: 10:00 AM

Lunch: 11:30 AM

February 2025

Senior Center Golden Friends



Monday	Tuesday	Wednesday	Thursday	Friday																									
<p>Call 336-694-7447 For Additional Information</p>	<p>FOLLOW US ON FACEBOOK</p> <p>"CASWELL COUNTY SENIOR CENTER"</p>																												
<p>3</p> <p>Ground Hog Day Early Spring Or Longer Winter?</p>	<p>4</p> <p>Bingo Y'all</p> <table border="1"> <tr><td>14</td><td>24</td><td>44</td><td>53</td><td>68</td></tr> <tr><td>7</td><td>28</td><td>31</td><td>54</td><td>73</td></tr> <tr><td>2</td><td>26</td><td>★</td><td>51</td><td>67</td></tr> <tr><td>3</td><td>22</td><td>39</td><td>57</td><td>75</td></tr> <tr><td>9</td><td>20</td><td>37</td><td>50</td><td>71</td></tr> </table>	14	24	44	53	68	7	28	31	54	73	2	26	★	51	67	3	22	39	57	75	9	20	37	50	71	<p>5</p> <p>Weather"man" Day What goes into pre- dicting the weather?</p>	<p>6</p> <p>Come Sing-A-Long with us</p>	<p>7</p> <p>Let's Go To The Library</p>
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<p>10</p> <p>Crafts with Doris & Savannah</p>	<p>11</p> <p>Black History Speaks</p>	<p>12</p> <p>Let's Get Up and Move!</p>	<p>13</p> <p>DEVOTIONAL WITH DAVID OWENS</p>	<p>14</p> <p>Valentine's Day Party</p>																									
<p>17</p> <p>Random Acts of Kindness Day! How do you show kindness to others</p>	<p>18</p> <p>Cancer Prevention How to prevent or reduce chances</p>	<p>19</p> <p>How does the Senior Center help your overall well being?</p>	<p>20</p> <p>A visit from the community Parametic</p>	<p>21</p> <p>Let's Dance It's good for the heart!</p>																									
<p>24</p> <p>Chair Exercise</p>	<p>25</p> <p>Food Safety</p>	<p>26</p> <p>Black women in History</p>	<p>27</p> <p>Heart Health</p>	<p>28</p> <p>Birthday Bingo</p>																									