

Tournaling Through Grief

Care Coordination | Palliative | Hospice |

Join us for a workshop exploring how journaling can be an aid to our discovery and healing as we grieve.

Adriana Kirkman, Bereavement Therapist will facilitate this hour-long virtual workshop. Participants will practice journaling exercises with opportunities to share if comfortable.

Wednesday, June 18, 1 p.m. to 2 p.m.

This workshop will be held via Zoom.

REGISTRATION IS REQUIRED BY WEDNESDAY, JUNE 11.

To register, please contact us at 336.621.5565 or griefsupport@authoracare.org





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Burlington 914 Chapel Hill Rd., Burlington, NC 27215 | 336.532.0100 **Greensboro** 2504 Summit Ave., Greensboro, NC 27405 | 336.621.2500

Care Coordination | Palliative | Hospice | Grief Support | Kids Path

A Nonprofit Organization. Formerly Hospice of Alamance-Caswell and Hospice of Greensboro.

May 13, 2025



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