



The Power of Knowing: Identifying and Addressing Social Isolation

Contact: Charity Apple, Communications and Digital Content Specialist 336-478-2760 charity.pierce@authoracare.org

AuthoraCare Collective will present The Power of Knowing: Identifying and Addressing Social Isolation from noon to 1 p.m. Tuesday, March 12, on Zoom.

According to U.S. Census Bureau surveys, Americans have been spending less time with friends and more time alone since before the pandemic, which has only intensified the sense of social isolation. Power comes from knowing and this webinar will explore social isolation, including what it is, who is at risk, and ways to address it, and increase quality of life.

Moderator is Risa Hanau, LCSW, Clinical and Community Educator at AuthoraCare Collective. Panelist is Dr. Kaitlin Boger, EdD, LCSW, Director of Counseling and Behavioral Health at AuthoraCare Collective.

Learning Objectives:

- Learn what social isolation is and how to identify it.
- Learn about the impact of social isolation and why it happens.
- Learn about tools and resources to lessen social isolation.

Register for the webinar at

https://authoracare.zoom.us/webinar/register/WN 2llRpOAsSwO8eRilHwqSzQ

Webinar ID: 831 8194 3692 Join via phone call: 312.626.6799

AuthoraCare Collective is formerly known as Hospice and Palliative Care of Greensboro and Hospice and Palliative Care Center of Alamance-Caswell.

The webinar will stream on demand at authoracare.org/knowing after airing.

To learn more, or to register for a webinar, visit www.authoracare.org/knowing



Burlington | 336.532.0100 | 914 Chapel Hill Rd, Burlington, NC 27215 Greensboro | 336.621.2500 | 2500 Summit Ave, Greensboro, NC 27405

Formerly Hospice & Palliative Care Center of Alamance-Caswell & Hospice and Palliative Care of Greensboro

Palliative | Hospice | Grief Support | Kids Path