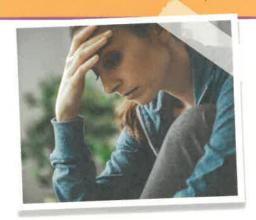




Trief: What to Expect & What Can Help



In the early days after the loss of a loved one, life can feel overwhelming and disorienting. This hour-long program is designed to help newly grieving persons gain a better understanding of common grief reactions, strategies for coping and resources to increase your confidence and knowledge during these challenging times.

Choose the offering that works best for you:

Evening/Virtual: Tuesday, April 16 | 6p - 7p

This event will be held virtually via Zoom.

Daytime/In-Person: Thursday, April 18 | Noon - 1pm

This event will be held at the Lusk Education Center | 2501 Summit Ave, Greensboro 27405

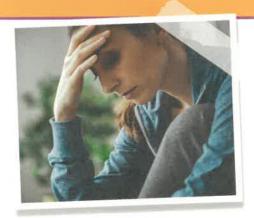
REGISTRATION IS REQUIRED. DEADLINE TO REGISTER IS APRIL 10.

To register, please contact us at 336.621.5565 or griefsupport@authoracare.org.





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